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Our work would not be possible without you!
Please consider supporting first responders at

<-- www.resiliency1st.org/donate
"RESPONDER RESILIENCY AN OWNER’S MANUAL"  
This book addresses the very work we do at our conferences, and for just $14.99 + shipping/handling, you can get your copy today, visit our website for more information! Katie and Figgy love it, we hope you do too!  

THE RESILIENCY CENTER CAMPAIGN!  
"Build it and they will come". From day 1 of starting this company, it has been our dream to build the first of its kind, ‘The First Responders Resiliency Center’. This center will be for First Responders to decompress after stressful work events & calls. Visit our website for 3-D blueprints and current tentative locations for development!  

HIGHER REWARDS BETA PARTNERSHIP  
We are very excited to announce our partnership with Higher Rewards Credit Card Company. Founder, Jarrett Wright, is now building his startup by giving non-profit organizations a chance to raise funds through their community. Visit their website for more info. and to signup for your card today!  
http://www.higherrewards.com  

Leatherhead Coffee Partnership  
Introducing the newest and hottest brand of coffee, Leatherhead Coffee! With creators’ Dub Hay coffee background and Mike Medeiros firefighting background, both took their industries and merged them into a fresh french roast coffee blend that is perfect for brightening your day and helping the first responders! Part of the proceeds go directly to our organization, woohoo!! Check them out at www.leatherheadcoffee.com
UPDATES ON ONLINE TRAININGS!

Our team has done a phenomenal job navigating this new normal by continuing to train the first responders. Our interactive training platform has propelled us to reach those who need us more now than ever. Check out our snippet videos on our YouTube Channel and stay updated through our website at: www.resiliency1st.org/

WOULD YOU LIKE TO DONATE TO HELP 1ST RESPONDERS? OPEN YOUR CAMERA ON YOUR PHONE TO SCAN THE CODE!

Summer 2020 Report!

WELCOME ABOARD, MARGARET FOLEY!

A big congratulations to Margaret Bradley Foley, our newest Board of Director! Margaret currently works with Petrichor Winery in Larkfield, CA. She spent her career as a marketing communications professional and has a breadth of knowledge in marketing and sales. She is a wonderful supporter of first responders and has already contributed so much to this cause. We are incredibly grateful to have her on our team!

CAL FIRE WELLNESS PROGRAM & UPDATES

CAL FIRE has started their in-house wellness program, and we are so proud of those who have taken the lead in scheduling training events with us so that we may maximize the number of firefighters and law enforcement we are training this year and next!
What's Ahead for 2020?

Timeline of Events

June 1st
Responder Resiliency An Owner’s Manual is Published!

June 11th
Sonoma Valley Fire Volunteer Training - Via Zoom

June 24-25th
CAL FIRE Virtual Conferences - Via Zoom

June 29th
CAL FIRE Behavioral Health and Wellness Meeting

July 23rd
Santa Rosa Police Department Training

October 19th
CAL FIRE Train the Trainer - TBD

October 26th
Santa Rosa Memorial Hospital Nurses Training

November 4-6th
FRRI Conference Retreat - Bishop’s Ranch

November 8-10th
FBINAA/NvSCA Annual Conference - Las Vegas, NV

November 16-17th
CAL FIRE Training - Via Zoom

December 7-8th
CAL FIRE Training - Via Zoom

Sue at Petaluma Fire Department
KTVU Interview with Producer, Jake
Training with Yosemite Park Rangers
Online Resiliency Training w/ CAL FIRE
Devyn on the CAL FIRE Rig!
Dear friends and colleagues,

There is very little that hasn’t been said about our current predicament. Like the first responders we serve (and who serve us), we have all had to adapt and work in unpredictable environments and make the best out of trying situations.

We have taken this opportunity to pivot our trainings onto a virtual platform until we can safely spend more time face to face. Early on we were asked by CALFIRE, Sonoma and Petaluma Fire Departments, as well as Petaluma Police Department to offer trainings to their folks from our living rooms. It didn’t have the personal touch of our live conferences, but our team showed up from their homes in the Bay Area, Nevada and Oregon to offer all of the same quality training and modalities. The audiences were more than receptive and we received several emails of gratitude and heartfelt appreciation for our efforts and passion for those we serve.

We have also offered donated trainings to several of our law enforcement agencies in the Bay Area and state, to help mitigate the escalating stress our law enforcement personnel are facing in light of recent events.

We stand in opposition to the few who use their positions of power for subjugation and abuse, and simultaneously honor the many who risk their lives without question to protect us from those who use cruel intent to violate and harm.

May we use these opportunities to learn and grow and exhibit peace and patience for one another.

If you would like to know more about our take to an online platform, and believe you or your department would benefit from participating in our training program, please email us at info@resiliency1st.org.

PLEASE consider supporting our efforts to assist the first responders at: www.resiliency1st.org.

Be well,

Sue
Susan Farren
Executive Director, Founder
First Responders Resiliency, Inc.
Putting PTSD Out of Business™